



BUFFALO STATE

The State University of New York



Renee Christian

Founder and Director of Journey Guide Life Coach



Renee Christian is a multifaceted person. She has found tremendous success as an entrepreneur, wife, and mother. She was born with Cerebral Palsy, which causes her to need a wheelchair in her day-to-day life. Her disability did not stop her, but instead encouraged her to start a business where she can use her insight and life perspective to help others overcome their fears, discover their passion, value themselves, and live happier and healthier lives.

With the support of her husband Eric, she became certified as a health coach and master life coach. In 2019 she founded Journey Guide Life Coach LLC. Renee wants to set the right example and be an inspiration for her daughter, who is her biggest motivation.

In June 2019, Renee began working with Ms. Karina Loera at the Buffalo State College SBDC to create a business plan, develop marketing materials, and to identify other resources to support her entrepreneurial endeavors. Ms. Christian was recently awarded a grant from Access-VR which will allow her to execute her marketing plan, rent private office space for consultations, and cover business insurance. She also applied and obtain a loan from WEDI. She has a 1-year contract with the NY State Self Advocacy Region 1, and she has been approached by the Women Empowering Conference to participate as a speaker.

[Journey Guide Life Coach](#) provides one to one coaching sessions, workshops and group sessions. Ms. Christian has a genuine interest in helping individuals and groups with her skills, knowledge and experience. She is a true inspiration for the entrepreneurial community and example of perseverance and hard work.

